



Light Pass Primary School

P.O. Box 36, LIGHT PASS SA 5355

Principal: Melanie Leslie

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Term 1

Week 5

1st March

2024

Quote: "I'm not telling you it's going to be easy- I'm telling you it's going to be worth it." – Art Williams

Dear Families,

Thank you to those who were able to attend our Governing Council AGM last week. We are so lucky to have such an amazing and willing community wrapping around our little school.

I would like to take this opportunity to say a ginormous thank you to our outgoing Governing Council members – Kim Trinne and Kerri Burgemeister. Their contributions over the last two years have been so greatly appreciated.

This year, our Governing Council sees a couple of old faces and a couple of new faces. Welcome to Kelli Howett, Carla Auricht, Jenny Doecke and Jenny Mackay.

2024 will see a Sub Committee for Fundraising, and the first meeting is coming up. We will send out details via DOJO to confirm the date. This is an opportunity for parents to be involved – even just to provide ideas.

Our Special Assembly was held on Monday afternoon to recognise our Student Leader team and Student Representative Council for 2024.

This new model has allowed an opportunity for students from each class to provide a voice and contribute to decisions made about our school.

Congratulations to our Student Representative Council members for term 1 and term 2:

Poppy Brown, Korban Auricht, Lawson Trinne, Addison Doecke

And congratulations to our Student Leader team for 2024:

Henry Jaensch, Phoenix Reinders, Emily Dalton, Adele Dennert, Riley Stagg, Akaysha Hopgood and Adele Pietsch.

Kindest regards,

Mel



Diary Dates:

TERM 1

Week 6

Friday, 8th March

**Assembly – 9:00am on the
blue court**

Playgroup 9:00am – 11am

Ages 0-5.

Located at the school

Week 7

Monday 11th March

**Public Holiday - Adelaide
Cup**

Friday 15th March

Playgroup 9:00am – 11am

Ages 0-5.

Located at the school



Government of South Australia
Department for Education



A word from Mrs Gogoll - Autism Inclusion Teacher

I am continuing the role as the Autism Inclusion Teacher (AIT) at Light Pass Primary School for 2024

I have one day fortnightly in my AIT role to focus on strengthening our school community's inclusion of students on the autism spectrum.

The Department for Education provides an Autism Inclusion Multidisciplinary (AIM) team to support me in the AIT role. The team includes, senior advisor educators, developmental educator, psychologist, occupational therapist, speech pathologist and an Aboriginal cultural project officer. The information from the AIM team is evidence-based and informed by the autistic and autism community.

My role as an AIT is to pass on information, resources and training I receive from the AIM team to my colleagues.

Throughout the year I will also continue to provide information in the Newsletter for families.

I look forward to working with my colleagues, students and families.

Please come and see me if you would like more information about my role.

Mental health and well-being

Children and adolescents on the autism spectrum



From a young age and through to later life, people on the autism spectrum are more likely than other people to experience mental ill health, most commonly anxiety and depression. Data from surveys shows that up to 46% of children on the autism spectrum between 3-16 years and 70% of children aged 10-14 experience at least one mental health condition. By building an awareness of mental health and by taking action to address it, children on the autism spectrum and their parents and caregivers can improve mental wellbeing.

What is good mental health?

It is about being able to live your life to your full potential, doing things that are meaningful to you and coping physically and emotionally with everyday challenges.

It is important to be aware that, for your child, living with one or more of the 'core' features of autism while navigating non-autistic environments can be stressful and have an impact on mental wellbeing.

Award winners 😊

Congratulations to our award winners from the past two weeks.

These awards recognised kindness, responsibility, resilience and working hard.

All things we value at Light Pass Primary School.



SRC students for Semester one
2024 :

Middle Primary: Addison &
Lawson

Junior Primary: Korban & Poppy

Congratulations, we look forward to you coming up with great ideas / fundraising opportunities for our school this semester 😊



GOVERNING COUNCIL MEMBERS 2024

Chairperson: Kelly Howett

Vice Chairperson: Carla Auricht

Secretary: Jenny Mackay

Treasurer: Jenny Doecke

Thank you to our outgoing members for their contributions:

Kim Trinne and Kerri Burgemeister

COMMUNITY & SPORTING NEWS

What is Community Connections



The Community Connections program offers short-term, personalised support to assist you to build connections with local services, support networks and community or social groups.

We work with you to understand your circumstances and challenges that may be preventing you from participating in the community as much as you would like to.

Some challenges you may be facing:

- Not knowing the services available
- Being new to the area
- Speaking a different language
- Financial pressures
- Loss of employment
- Caring responsibilities
- Mental health challenges
- Confidence
- Limited access to transport or digital resources.

Talk to a friendly member of our team today!



LUTHERAN CARE

Lutheran Care is the Barossa, Light and Lower North Community Partner. We would love to talk with you about how this program can help you reach your goals!

Our holistic, person-centred approach means we will support you to connect with the services that are the most important to you.

You can contact us via:

☎ (08) 8562 2688

✉ communityconnections@lutherancare.org.au

COMMUNITY CONNECTIONS PROGRAM

Barossa, Light and Lower North



Support Networks

Local Community

Building Connections



An Initiative of
Government of South Australia
Department of Human Services



Stronger connections can improve quality of life and provide better health outcomes!

How do we work?
Together we will help you build confidence and skills to connect beyond the home.

This could include helping you to:

- Identify and achieve personalised goals
- Connect to community activities and programs
- Seek financial support services
- Explore volunteering roles and training opportunities
- Connect to your community
- Link you to relevant services
- Address barriers that are holding you back
- Try something new
- Meet new people
- Gain confidence.



Is Community Connections for me?

To be eligible for this program, you must:

1 Be aged 18 to 64 years or 18 to 49 years for Aboriginal and Torres Strait Islander peoples

2 Be Living in South Australia

3 Not already be receiving support from federal programs such as National Disability Insurance Scheme (NDIS) and My Aged Care.

fit SANFORD WebMD

WHY SLEEP MATTERS FOR KIDS

SLEEP RECHARGES KIDS' BODIES AND BRAINS SO THEY CAN:

- Feel calm and refreshed.
- Make good choices.
- Have a healthy weight.
- Pay attention in school.



- Remember what they learned.
- Do better in sports.
- Avoid getting hurt.
- Feel good about themselves.

AFTER 1 OR 2 NIGHTS OF LESS SLEEP, YOUR CHILD MAY:

- Have more meltdowns.
- Make poor choices.
- Zone out in class.



- Forget what they learned.
- Have trouble with sports and games.
- Get into arguments.

KIDS WHO ARE SLEEP-DEPRIVED MAY:

- Feel sad, hopeless, or anxious.
- Become overweight.



- Make risky choices.
- Use cigarettes, alcohol, and drugs.

HOW MUCH IS ENOUGH?

9-12 hours for ages 6-12 8-10 hours for ages 13-18

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Just a reminder:

We are a sun smart school and wearing hats in term 1 & 4 is a must! Even if your child is playing under the blue court / sheltered areas it is still expected that they wear their hats. Please check in with them and make sure they have a hat. New hats are available for purchase from the front office.

Thank you 😊



Keeping children safe around schools:

End of school days are particularly busy at Light Pass PS. Children are particularly in danger near schools because:

- their small size makes it hard for drivers to see them between traffic, parked cars and other obstacles
- they are easily distracted and may not be aware of traffic
- they may suddenly run onto the road (e.g. to meet a parent)

To ensure the safety of all, please be aware of your surroundings. Please do not park across our entrance/ramp. We would also like to remind everyone that U turns should not be conducted in front of the school. There is an area further up where it is safer to do this. Please make sure you stop and look before making a U turn. Please pull off carefully when exiting the front of school. The school is in a 50km zone, unless children are present then it becomes a 25km zone.



**GAWLER & DISTRICT
NETBALL ASSOCIATION**

**JOIN
GDNA
WINTER
NETBALL**

COMMENCING APRIL 2024

NetSetGO, Juniors, & Seniors

Saturday's

Due to the court redevelopment games will be played at Riverbanks College B-12 Angle Vale

Club, team, & individual registrations welcome



For more information:
E: secretary@gawlernetball.com.au
P: 0438 801 557



STEAM Club

STEAM Club is a weekly program for kids aged 5+ who love all things science, technology, engineering, art and maths

Each week, join in the fun playing, creating, thinking, predicting and making at the library

Wednesdays, 3.45pm Lyndoch Library
Fridays, 3.45pm Nurloolpa Library
Tuesday 6 Feb, 5 Mar and 2 Apr, 3.45pm Mount Pleasant Library

Program is during school terms only

Book online at barossa.sa.gov.au/events
or call us on 8563 8440



The Barossa Council is committed to the safety and wellbeing of children. Our Child Safe Environment Policy is available on request or from our website.

**COME AND
TRY HOCKEY**

With AM United Hockey Club!
for Juniors
aged between 5yrs and 17yrs

Date and Time:
Thursday 14th March
5:30pm to 6:00pm

Location:
Stockwell recreation park, turf pitch

Cost:
FREE

What you need:
Sneakers
water bottle
all hockey gear will be supplied



**FREE BBQ
to follow**



FACEBOOK



For more information please email
secretary@amunitedhc.com

WEBSITE



Or use the QR codes to find our website and/or facebook



STEAM Club - Term 1 Program

Week 1 - 31 Jan & 2 Feb
Mandalas

Week 7 - 13 & 15 Mar
Fizzy paint

Week 2 - 7 & 9 Feb
Rubber band paddle boats

Week 8 - 20 & 22 Mar
Potato Olympics

Week 3 - 14 & 16 Feb
Design the perfect library

Week 9 - 27 Mar
Lego vehicles to protect an egg

Week 4 - 21 & 23 Feb
Solar powered ovens

Week 10 - 3 & 5 Apr
Kitchen science

Week 5 - 28 Feb & 1 Mar
Paper planes

Week 11 - 10 & 12 Apr
Sphero mini golf

Week 6 - 6 & 8 Mar
Wood scrap robots

3.45pm Wednesdays at Lyndoch Library
3.45pm Fridays at Nurloolpa Library

Bookings essential (open 22 Jan), cost free

barossa.sa.gov.au/events



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Harmony Day



**We are celebrating Harmony Day on
Wednesday 20th of March, week 8**

**You are invited to wear orange
and will be treated with orange sweet treats**

**Most of all there will be a sausage
sizzle on at lunch.**

Make sure to bring a gold coin for donation!

Hosted by student leaders



MATHS – NUMBER

Learning in the Junior Primary Room

Throughout this term we are learning to 'trust the count' and understand 'place value'. Students are working hard to achieve their goals.





Light Pass Primary School Term 1 Planner 2024

Week	Monday	Tuesday	Wednesday	Thursday	Friday
6	4 th	5 th	6 th	7 th	8 th Assembly Playgroup 9:00am – 11am
7 Newsletter	11 th ADELAIDE CUP DAY	12 th	13 th	14 th	15 th Playgroup 9:00am – 11am
8	18 th	19 th	20 th Harmony Day Celebration	21 st	22 nd PUPIL FREE DAY
9 Newsletter	25 th	26 th	27 th	28 th School Photos	29 th GOOD FRIDAY
10	1 st April EASTER MONDAY	2 nd	3 rd	4 th Small School Sports Day @ Nuri HS	5 th Assembly Playgroup 9:00am – 11am
11 Newsletter	8 th	9 th	10 th	11 th	12 th Assembly Playgroup 9:00am – 11am