



Light Pass Primary School

P.O. Box 36, LIGHT PASS SA 5355

Principal: Melanie Leslie

Phone: (08) 85621024

Fax: (08) 85621389

Term 4
Week 1
20th October
2023

Quote: "All our dreams come true, if we have the courage to pursue them." – Walt Disney

Dear Families,

Welcome back! I hope you all had a restful and relaxing break with your family and friends. I have enjoyed hearing about all of the adventures.

My family managed a couple of nights away at Barmera with friends. Alfie learned how to knee board and Camille got up on two skis. We used our SUPs and enjoyed the company of some of my favourite people.

Just a reminder, there is a Pupil Free Day on Monday, 23rd October. This will be the third day of the four-day training and will focus on Stamina and Engagement.

We have also been approached to participate in a pilot project implementing Multi-Tiered System of Support (MTSS). The key components of MTSS include:

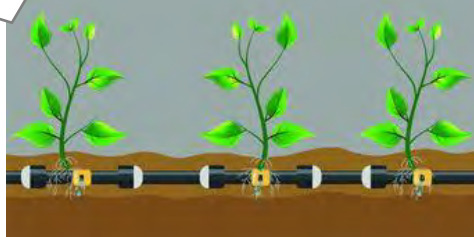
- Universal screening of all students early in the school year
- Tiers of interventions that can be amplified in response to levels of need
- Ongoing data collection and continual assessment
- School wide approach to expectations and supports
- Parent involvement

We have been asked to take part in this project as we have been recognised for the amazing work being done here at Light Pass PS. This is the next step to implement and embed the good practice of supporting our students.

If you'd like further information about MTSS, please let me know.

Kind regards,
Mel

Thank you Sandi for sorting out our irrigation in the holidays. **We're now** ready for the hot summer we are supposed to have! ☺



Diary Dates:

TERM 4

Week 2

Monday, 23rd Oct.

Pupil Free Day

Tuesday, 24th Oct.

**Year 6 Information
Evening at Nuri High
School – 6:30pm**

Week 3

Tuesday, 31st Oct.

**Stockport – Glenhaven
Camp**

Wednesday, 1st Nov.

**Stockport – Glenhaven
Camp**



Week 4

***Tuesday, 7th November
Governing Council 7pm***



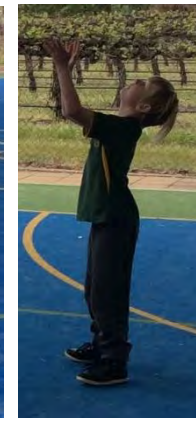
Government of South Australia
Department for Education

We acknowledge that this land that we play, learn and work on is Peramangk and Ngadjuri land and we acknowledge that the Peramangk and Ngadjuri people have social, spiritual and historical connections to this land. Their connections are as strong today as they have always been.



Cricket Clinic – End of Term 3





A word from Mrs Gogoll - Autism Inclusion Teacher



Girls and young women on the autism spectrum

Diagnosis - why don't some girls get diagnosed?

There could be many reasons for this, including; the belief that autism is a 'male condition', a belief that girls are more likely to 'grow out of' their difficulties and the lack of professional understanding of how autism presents in girls and women (Whitlock et al., 2020). It may also be the case that girls are diagnosed with anxiety or other mental health conditions rather than the professional or family considering autism.

For those girls and women whose autism goes undetected, the negative consequences can be far reaching. Autistic people who have lived without a diagnosis report that this results in greater social isolation and bullying, as well as feelings of being misunderstood or "not fitting in" (Bargiela, Steward, & Mandy, 2016; Portway & Johnson, 2003, 2005; Punshon, Skirrow, & Murphy, 2009 cited in Whitlock et al., 2020).

Can girls be autistic?

The current ratio of girls to boys with an autism diagnosis is 1:4, but research shows that some girls are being missed so the rate should be 1:3, girls to boys (Whitlock et al., 2020).

Women experience life on the autism spectrum in a range of ways that can be different from the experiences of men who are on the autism spectrum.

Some autistic girls and women may go unrecognised because they do not fit current, male-centric views of autism (Whitlock et al., 2020).



Autistic girls

- may have a great attention to detail
- may interpret language literally
- may be able to camouflage or mask their challenges which means they are not recognised or identified by others
- may or may not have additional disabilities or learning needs
- may experience much higher social communication expectations as they enter their teens and their difficulties in these areas may only be noticed at this point (Geelhand et al., 2019)
- autistic girls and women are more likely to internalise their difficulties which can result in anxiety and depression (Whitlock et al., 2020)



'The closest I can come to explaining masking to non-autistics is, it's like being on your 'best behaviour' when you are at a job interview and then being relaxed with your best friend. You are two different people in each of those situations, and neither is completely forced or conscious.' Dr Emma Goodall (autistic, author, researcher and parent)



Tips & strategies to support autistic girls and young women

- Get to know the young person you are supporting and find out the ways they like to be supported.
- Create a safe space in your home or at school where the young person can go to feel safe and secure when feeling anxious, upset or needing to get away from sensory input.
- Provide explicit teaching for how to make and maintain friendships. Support them to join in on groups or find peers with similar interests.
- At clubs and sports events, or in school, allocate groups and teams rather than asking the young people to put themselves in groups or choose groups.
- Regularly check for understanding of verbal instructions and written tasks, provide visual supports and scaffolding to support remaining on task and focused.
- Be clear, explicit and consistent. Explain any unwritten rules.



A BIG thank you to Becky's Partner Terry for putting up our new Basketball backboards and hoops in the holidays. The kids are very happy and loving them! Also thank you to The Barossa Co-Op and Angaston Lions Club for the sponsorship that made getting new ones a possibility. We are very lucky to live in such an amazing community! ☺

COMMUNITY & SPORTING NEWS

AusBike CALLING ALL KIDS AGED 5 - 12

A life of freedom, fun
& adventure awaits

AUSCYCLING Barossa Outdoors

AusBike AGES 5 - 12



A new national program, designed by Australia's peak cycling body, AusCycling, is running with Barossa Outdoors.

AusBike gives kids the essential skills to experience the freedom, fun and adventure of life on a bike.

AusBikers are safe & active kids!
Our accredited coaches will help build your child's competence and confidence on two wheels...and who knows where their love of riding will take them?!



REGISTER NOW

The AusBike program has been developed with the support of the Australian Government through the Australian Sports Commission.





Light Pass Primary School

Term 4 Planner 2023

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1 Newsletter	16 th October	17 th	18 th	19 th	20 th
2	23 rd Pupil Free Day	24 th Year 6 Information Evening at Nuri High School – 6:30pm	25 th	26 th	27 th Assembly 9am
3 Newsletter	30 th	31 st Stockport Camp 	1 st November Stockport Camp 	2 nd	3 rd
4	6 th	7 th Reception transition 8:50am – 10:30am *Governing Council 7pm*	8 th	9 th	10 th Assembly 9am
5 Newsletter	13 th	14 th	15 th	16 th	17 th Year 6 Aquatics Day
6	20 th	21 st Reception transition 8:50am – 11:30am	22 nd Year 6 Transition to Nuri HS	23 rd Year 6 Excursion to Adelaide 500	24 th Assembly 9am
7 Newsletter	27 th	28 th Reception transition 8:50am – 1:00pm Governing Council 7pm	29 th	30 th	1 st December
8	4 th	5 th Reception transition 8:50am – 2:30pm	6 th	7 th Year 6 Graduation Dinner - TBC	8 th Assembly 9am
9 Newsletter	11 th	12 th	13 th	14 th Reports go home Year 6 Graduation Assembly	15 th 1:45pm Assembly 2:15pm early dismissal