

## **Light Pass Primary School**

P.O. Box 36, LIGHT PASS SA 5355

Principal: Melanie Leslie

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Term 3 Week 7 8<sup>th</sup> September 2023

Quote: "It takes a whole village to educate a chid." – Nigerian proverb

Dear Families,

I hope you enjoyed your Father's Day and extra long weekend. My little spiel this week is one of many thanks. I've said it before but I am super grateful to be a part of such a wonderful community.

A big thank you to Megan and Jane Nitschke for hosting the Father's Day Stall again. The fundraising total was \$420 – a huge effort! Thank you to everyone for supporting this fundraiser.

Thank you to the parents who have offered their time and ideas for future fundraising ideas. We are so lucky to have such an amazing community and so many people willing and able to make a difference for our small school.

To all the parents, teachers and SSOs who helped with transporting the students to Barossa Bowland - thank you for making it possible to celebrate our win in the Vintage Festival Scarecrow competition. There are lots of photos of the fun that was had later in the newsletter.

Thank you to Emjay who came in and worked with our classes to teach them about dot painting. The children were all so engaged and the finished products look great. Yet another example of the wonderful community we are a part of.



Diary Dates:

TERM 3

Week 8

<u>Tuesday, 12<sup>th</sup> Sept.</u>

Governing Council meeting 7pm

Friday, 15<sup>th</sup> Sept. Assembly – 9am Blue Court



And finally, thank you to our award winners for demonstrating kindness, responsibility and success. There are so many great things happening here at Light Pass and these awards provide us with an opportunity to acknowledge this.

Kind regards, Mel



### Keeping children safe around schools:

End of school days are very busy at Light Pass PS. Children are particularly in danger near schools because:

- their small size makes it hard for drivers to see them between traffic, parked cars and other obstacles
- they are easily distracted and may not be aware of traffic
- they may suddenly run onto the road (e.g. to meet a parent)



To ensure the safety of all, please be aware of your surroundings. Please do not park across our entrance/ramp. We also remind everyone that U turns <u>must not</u> be conducted in front of the school. There is an area further up where it is safer to do this. Please make sure you stop and look before making a U turn. Please pull off carefully when exiting the front of school.





## <u> Book Week – 2023</u>

We had a very successful Book Fair this year with the theme Read, Grow, Inspire. We loved seeing all the outfits and effort that went in to them all. Next year we look forward to Mel being a part of the day and dressing up with us!

This year our goal was to reach \$1000 at the Book Fair. Thank you to all our lovely parents and grandparents for their support; because of you, we made over \$1500!! The money raised will go towards getting new resources for our school and staff - we are very excited to spend our Scholastic rewards. ©













# BAROSSA BOWLAND EXCURSION



















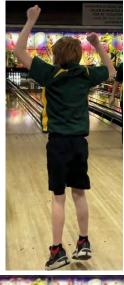




























The excursion to Barossa Bowland to celebrate our first prize win in the Vintage Festival Scarecrow Competition was a big hit! Fun was had by all. ©

Thank you very much to all the teachers and parents who helped drive on the day. We really appreciate your help in making these things happen. A huge THANK YOU to our Governing Council for paying the extra cost so that there was no extra cost for our families. We are very lucky to have such a wonderful community at Light Pass!

## **COMMUNITY & SPORTING NEWS**











"Mum...Mum...MUM!!..." "How many times do I have to ask..."

Sound familiar...?



Let me help you learn easy to use strategies, based in neuroscience, to help calm the chaos, feel heard and more confident, and nurture your child's resilience without the nagging or guilt.

Join me for my 5-week online Parent Group Coaching Program Commencing Wednesday 11/10/23 from 9.30am to 11am.

Early Bird Investment \$197pp (book & pay by 29/9/23) Thereafter \$247pp Registrations close 5pm on Thursday 5/10/2023

To secure your spot or to learn more contact: Vicki Martin (BA (Hons) Psych)

Email: vicki@harmonyandgrowth.com Phone: 0412 322 881





Save \$500 and ANZ will top up your bank account with another \$500.

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## FATHER'S DAY STALL

WOW! What a year we are having... Another successful fundraiser held by Megan and Jane in the Library for Father's Day. A big thank you to them for organising, making and donating all the gifts for another year. We made a huge \$420, which is incredible for our school. © We hope everyone had a lovely long weekend with their families and enjoyed the special treats!







## A word from Mrs Gogoll - Autism Inclusion Teacher

### <u>Transitions and Planning for Change</u>

Some people on the autism spectrum find change and transitions more challenging than others. Transitions may appear more difficult on some days or in some places due to other pressures and expectations. Each young person will cope with transitions and change in a different way. Your child may encounter the following transitions:

- Change to class routine
- A different classroom
- Change to teacher
- Starting preschool
- Starting primary school
- Changing class/grade level
- Changing schools
- Leaving primary school for high school
- Transition from school to work life

The following ten tips may help to support your child during these times of transition.

- 1. Develop a transition plan.
  - A transition plan is a written plan to support changes to routines and/or the environment. It is important to plan for transitions as much as possible to increase success. Transition plans can be brief or highly detailed, depending on the needs of your child and the type of transition you are planning. Well developed transition plans may support your child to successfully manage changes and transitions. Transition plans are best developed in collaboration with your child (if appropriate), yourself, the current school and the receiving school. Identify a key support person that your child can go to with any questions and ensure the support person knows the plan and the supports required.
- 2. Create visual supports.
  - Visual supports provide a visual reference that can be used as often as needed, and can support people on the autism spectrum with skill development, communication and increased independence. They may include real objects, printed images, videos, line drawings and written words. You can create a visual schedule or a weekly timetable for your child. <a href="https://www.autismspectrum.org.au/blog/the-benefits-of-using-visual-supports">https://www.autismspectrum.org.au/blog/the-benefits-of-using-visual-supports</a>
- 3. Visit the new classroom or school several times in the school holidays.
  - Doing this before the school term starts will help familiarise your child with the environment without the noise and crowds. On the visit you could point out to your child different spaces they may access and how to use them, i.e. "This is a canteen. At lunchtime you can buy a treat from here with money I give you. When you go to the canteen you need to line up behind the yellow line and wait for your turn."
- 4. Meet the teacher in advance of the school year starting.
  - You can discuss your child's strengths and interests, ways to best support them and preferred communication styles. It is important to work in partnership with your child's school.
- 5. Practice traveling to school together.
  - If it is via bus, show your child how to enter the bus, use their bus pass, where to sit and when to get off the bus
- 6. Focus on your child's strengths and interests.
- 7. Highlight what is staying the same.
  - There may be many changes occurring but there will be many things staying the same.
- 8. Teach skills to help support a successful transition.
  - Teach your child how to wear the school uniform, open their own lunchboxes/packets, use a public toilet (i.e. boy's not pulling pants to ground), read a timetable, use a locker, have social interactions with friends.
- 9. Role play.
  - Assist your child in practicing to talk about what they have done in the holidays so they can talk to their friends, print out a few photos from your break to prompt your child if this will help.
- 10. Take photos of the new environment.
  - Your child can look back on these images to help familiarise themselves, remember where items are located or identify a quiet space.





## Transitions and Planning for Change

# What is transition and change?

In our daily life we all experience change, such as changing activities, or going to different places. Another word to describe change is transition. Transition is a word often used by schools and other professionals to talk about changes in routine and the ability to stop one activity and start another.

Some people find change and transitions more challenging than others. Young people on the autism spectrum may feel very overathelmed by the many changes that occur throughout the day, week, month, term and year.

Transitions may appear more difficult on some days or in some places due to other pressures and expectations. Each young person will cope with transitions and change in a different way. Some transitions will require more detailed planning than others.

### Examples of transitions

#### Daily:

- Moving classrooms
- . Moving from class to the playground
- · Having a change in teacher
- Changes in home routines

### Less frequent:

- Moving schools
- School excursions
- . Going on holiday

#### Key milestones:

- Beginning pre-school
- . Primary school to high school
- + High school to past school options
- + Moving out of home

### Other:

- + Moving house
- + New siblin
- + Death in the family

### What is a transition plan?

A transition plan is a written plan to support changes to routines and/or the environment. It is important to plan for transitions as much as possible to increase student success. Transition plans can be brief or highly detailed, depending on the needs of each individual and the type of transition you are planning. Well developed transition plans may support a young person to successfully manage changes and transitions.





# Light Pass Primary School Term 3 Planner 2023

| Week             | Monday                              | Tuesday                  | Wednesday                            | Thursday               | Friday   |
|------------------|-------------------------------------|--------------------------|--------------------------------------|------------------------|--|
| 7                | 4 <sup>th</sup>                     | 5 <sup>th</sup>          | 6 <sup>th</sup>                      | <b>7</b> <sup>th</sup> | 8 <sup>th</sup>  |
| Newsletter       | School Closure Day  – Adelaide Show |                          | Bus Safe Visit                       |                        |  |
| 8                | 11th                                | 12 <sup>th</sup>         | 13 <sup>th</sup>                     | 14 <sup>th</sup>       | 15 <sup>th</sup>                                       |
|                  |                                     | Governing Council<br>7pm |                                      |                        | Assembly–9am   |
| 9                | 18 <sup>th</sup>                    | 19 <sup>th</sup>         | 20 <sup>th</sup>                     | 21 <sup>st</sup>       | <b>22</b> <sup>nd</sup>                                |
| 10<br>Newsletter | 25 <sup>th</sup>                    | 26 <sup>th</sup>         | 27 <sup>th</sup> Cricket Clinic SACA | 28 <sup>th</sup>       | 29 <sup>th</sup> Assembly—9am Early dismissal — 2.15pm |