



Light Pass Primary School

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Term 3

Week 3

11th August 2023

Quote: "I can't change the direction of the wind, but I can adjust my sails to always reach my destination." – Jimmy Dean

Dear Families,

I can't believe that we have already been back for three weeks – as the saying goes, 'time flies when you're having fun'.

On Monday of week 2, our staff attended the second day of our Berry Street Education Model training out at Meldanda in Cambrai. This one focused on the importance of relationships. At the assembly, Mrs Gogoll shared the Morning Routine which incorporates a morning circle, positive primer and greeting. This routine has been implemented in every classroom and promotes positive connections through laughter. Our next session will be in week 2 of Term 4.

We have been approved to have a School Closure Day on Monday, 4th September. After much discussion, we have rescheduled the cricket clinic so we can be in line with Nuriootpa HS and their School Closure Day. Please note this updated event in your calendars.

Some of you may be aware that my family is currently hosting an exchange student from France. In week 5 I will be taking leave to take her and my family to Wilpena Pound. I look forward to sharing our stories and photos when I return.

A big thank you McCue's Bakery and everyone who supported our fundraiser. Massive thank you to Kim and Cheree for coordinating the pies that were delivered yesterday. We really are a very lucky school to have the wonderful support of our community.

Kind regards,
Mel



Diary Dates:

TERM 3

Week 3

Friday, 11th August

[Newsletter](#)

Week 4

Tuesday, 15th August

[Governing Council at 7pm](#)

Wednesday, 16th August

[Excursion – "Increasing the canopy in the Barossa" – tree planting at Stockwell](#)

Week 5

[Book Week](#)

[Book Fair](#)

Friday, 25th August

[Book Week Parade at 9am followed by Grandparents' morning](#)



Week 6

Friday, 1st September

[Father's Day Stall](#)
[Excursion – Barossa Bowland](#)

Week 7

Monday, 4th September

[School Closure Day – Adelaide Show](#)

SCHOOL CLOSURE



Monday, 4th September 2023

Theme for 2023 – Book week dress up parade Friday, 25th August in week 5
Parents and Grandparents welcome for light morning tea following parade



We acknowledge that this land that we play, learn and work on is Peramangk and Ngadjuri land and we acknowledge that the Peramangk and Ngadjuri people have social, spiritual and historical connections to this land. Their connections are as strong today as they have always been.



Outstanding Work Awards

Congratulations to the award winners at our last assembly. These children shared their outstanding work in maths and science. Well done!



Circle of Control

Worrying is a very natural emotion that everyone can relate to at times. However, sometimes the things we worry about are beyond our control, and this can leave us feeling powerless.

My Circle of Control: Worry poster is a gentle reminder on how to separate manageable worries from those that are better off released. This poster makes a great conversation starter and is a visual reminder – for us all – to focus on the things we can control.

If you would like a copy of this poster to display at home, please let Mel know.



A WORD FROM MRS GOGOLL

AUTISM INCLUSION TEACHER

FRIENDSHIPS

Friendships are about:

- Enjoying spending time with each other, whether online or in person. Teenagers are more likely to spend time with their friends online on a daily basis, than to meet up in person (Pew Research Centre, 2018).
- Interacting in a way that is comfortable. Some autistics are more likely to have friendships that are based on chatting or texting, and other autistics may prefer friendships that are focused on a shared activity.
- Being able to interact with others who share your passions and interests can foster a sense of belonging as well as develop confidence and skills. It may be easier for some autistic children and young people to find others who share their passions or interests online.
- Having opportunities to be or play alongside others. Many friendships develop this way. Professionals call this parallel play.
- Developing confidence and improving wellbeing. Healthy friendships naturally nurture these (Narr, 2019).

Characteristics of healthy friendships:

- Kind
- Caring
- Loyal
- Sharing
- Supportive
- Respectful of each other
- Valuing each other and the friendship

In a healthy friendship, a child or young person should feel:

- Comfortable to be themselves
- Valued
- Cared about
- Heard
- Understood
- Able to share their passions and interests, likes and dislikes

Making Friends



Children and young people on the autism spectrum may value different things in friendships than non-autistic people (Cresswell et al. 2015). To support friendships, provide opportunities to be alongside or near other children and young people. Individuals may need support to understand the 'hidden curriculum' or unspoken rules of a game or interaction. For example, why people throw the ball to the most popular student and not someone else, or how many times you can text someone.



Children and young people make friends for a variety of reasons and these may change across contexts. For individuals on the autism spectrum, some of these reasons may be confusing or highly desirable. For example, when children and young people want to be accepted into 'popular' groups, they may not initially understand the difference between being laughed at and laughing with their friends, or they may have a fear of being laughed at (Grennan et al. 2018).



When supporting children and young people to make friends, it is important that this support is focused on creating healthy relationships. When autistic individuals are comfortable in themselves, they are more likely to be comfortable interacting with others. Some children and young people on the spectrum really want friends and some prefer their own company. It is important to find out their preferences and to respect these.



As educators and parents, it is important to consider the right moment to support friendships. Structured social skill sessions may play a positive role, but need to be balanced with more natural opportunities. For some children and young people, it may be about choosing the right moment to support their friendships, taking into account the need for them to have a break from the demands of socialising.



Keeping Friends

It can be hard to keep friendships going for many children and young people. They may need support with how and when to contact or interact with friends to maintain a friendship.

However, individuals may also need support to understand why and when to end a friendship. If friends become unkind or disrespectful, then they should no longer be seen as friends.

Tips for supporting successful friendships

- ✓ Provide opportunities to do things the individual likes
- ✓ Express interest in the child or young person's interests
- ✓ Help them to find age appropriate people who share some of their interests to connect with, either online or in person
- ✓ Help the child or young person to understand the difference between healthy and unhealthy friendships
- ✓ Role model and talk about healthy friendships

Bennett et al. (2018)

COMMUNITY NEWS



GAWLER NETBALL SUMMER

**JUNIOR BOYS (9 - 15 years)
THURSDAY EVENINGS**

Commencing October 2023

Club, Team, & Individual
registrations welcome

0438 801 557

secretary@gawlernetball.com.au



GAWLER AND DISTRICT
NETBALL ASSOCIATION



GAWLER NETBALL SUMMER

**JUNIOR GIRLS (7-17 years)
THURSDAY EVENINGS**

Commencing October 2023

Club, Team, & Individual
registrations welcome

0438 801 557

secretary@gawlernetball.com.au



GAWLER AND DISTRICT
NETBALL ASSOCIATION



GAWLER NETBALL SUMMER

**SENIOR WOMEN
TUESDAY EVENINGS**

Commencing October 2023

Club, Team, & Individual
registrations welcome

0438 801 557

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GAWLER AND DISTRICT
NETBALL ASSOCIATION



Light Pass Primary School

Term 3 Planner 2023

Week	Monday	Tuesday	Wednesday	Thursday	Friday
5 Newsletter	21st Book Week	22nd Book Fair	23rd Book Fair	24th Book Fair	25th Book Fair Book week parade/ Grandparents' morning
6	28th	29th	30th	31st	1st September Assembly-9am Father's Day Stall Barossa Bowland excursion
7	4th School Closure Day - Adelaide Show	5th	6th Bus Safe Visit	7th	8th
8 Newsletter	11th	12th Governing Council 7pm	13th	14th	15th Assembly-9am
9	18th	19th	20th	21st	22nd
10 Newsletter	25th	26th	27th Cricket Clinic SACA	28th	29th Assembly-9am Early dismissal - 2.15pm

\$500 towards you or your children's education

saverplus

Saver Plus is a free financial education program that matches your savings, dollar for dollar, up to \$500

What can the \$500 be used for?

- Laptops & tablets
- Lessons & activities
- Uniforms & shoes
- Books & supplies
- Vocational education
- Camps & excursions

To join Saver Plus, you must meet all of the below criteria:

- Be 18 years or over
- Have a child at school or attend vocational education yourself
- Have regular income from paid employment (you or your partner)
- Have a current Health Care Card or Pensioner Concession Card
- Be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

*Many Centrelink payments are eligible

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street and The Smith Family. The program is funded by ANZ and the Australian Government Department of Social Services.

To find out more:
Enquire online at saverplus.org.au
saverplus@thesmithfamily.com.au
1300 610 355

Delivered by:
 The Smith Family
learn today. change tomorrow.