

Light Pass Primary School Sun Smart Policy



Light Pass Primary skin protection policy runs throughout the school year.

Skin Protection (UV radiation)

The following practices outlined in this policy are for implementation during terms 1, 3 and 4 and when the UV radiation level is 3 and above at other times. When the UV is below 3 in term 2, staff and students are encouraged not to wear sun protection to support vitamin D maintenance. Staff and students are encouraged to check the daily SunSmart UV alert via the SunSmart app or the Bureau of Meteorology website to assist with the implementation of this policy.

1. Hats to be worn Term 1, 3 and 4.
Students without hats are directed to a shaded area or sat out on an extreme day
Staff also adhere to the school rule of wearing hats on duty throughout the year.
Parents/caregivers are also encouraged to wear suitable hats when attending outdoor school functions.
2. School uniform consist of a polo shirt with collar, shorts/long pants or dress. Sleeveless tops not allowed and length of shorts a/skirts is monitored. Grounds person is encouraged to wear long sleeved shirts and a broad brim hat.
3. Sunscreen (SPF 30+ or higher, broad spectrum, water resistant) is available in all classrooms and, when the UV is 3 and above, students reminded to apply 20 minutes before they go out to play, and reapplied every 2 hours when outdoors or more frequently when perspiring or involved in water activities. Sunscreen is taken on excursions and applied.
4. One playground is covered by a shade cloth, a basketball court has been covered with a solid roof and trees provide shade for the second playground.
School rules support students being encouraged to play in protective areas in accordance with the expected UV index for the day.
The availability of shade is considered when planning outdoor activities and events.
5. Term 1 and 4, Health Topics taught re sun protection across all year levels.
Awareness of skin cancers is taught yearly in year 5, 6 and 7 but is referred to across all year levels.
6. Sunglasses in line with the Australian standards 1067 are being encouraged to be worn when outside.
7. Consideration of choice of activity and time undertaken during the school day is a staff room discussion during the summer months. Where possible, activities will be rescheduled outside of the peak UV times of the day, or where possible are set up in the shade.
8. Sports day has been moved to TERM3 as sun protection awareness.
9. We use the newsletter and personal approach to reinforce and promote our sun smart policy to the local community.
10. For Work Health and Safety staff, parents and visitors are encouraged to role model sun protection practices including wearing a hat, sun protective clothing, sunscreen, sunglasses and seeking shade when involved in outdoor activities at school.

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*** The school policy will be reviewed in 2021 but is always under scrutiny as new scientific information comes available. *****

HOT WEATHER POLICY

1. Students stay in classrooms for extremely hot days (temps 36 +).
2. Students are encouraged to have water bottles on their desks every day.
3. There is a refrigerated water fountain available for students to use to refill their water bottles.